FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPI	ROVAL
	OMB Number:	3235-0287
	Estimated average b	urden

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

	may continue. See 1(b).		Filed pursuar	nt to Section 16(a)	of the Securitie	es Exchange Act of 1934		hou	rs per response:	0.5	
			or Sec	tion 30(h) of the In	vestment Con	npany Act of 1940					
	ddress of Reporting F			er Name <b>and</b> Ticke			5. Rela (Check	ssuer			
BERNSII	<u>EIN KENNET</u>	<u>H F</u>				_ [ ]	X	Director	10% (	Owner	
(Last)	(First)	(Middle)					X	Officer (give title below)	e Other below	(specify )	
` ,	A REALTY TRU	,	3. Date 05/14	of Earliest Transa /2007	ction (Month/E	Day/Year)		Preside	,		
1311 MAM	ARONECK AVEN	NUE, SUITE 26	0								
(Street)			4. If An	nendment, Date of	Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
WHITE NY 10605							X	Form filed by O	ne Reporting Pers	son	
PLAINS								Form filed by M Person	ore than One Rep	orting	
(City)	(State)	(Zip)									
		Table I - Nor	n-Derivative S	ecurities Acq	uired, Disp	oosed of, or Benefi	cially	Owned			
1. Title of Secu	ırity (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transaction Code (Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial	

PLAINS							Form filed by More than One Reporting Person					
(City) (State) (Zip)							<u> </u>	•				
Table I - N  1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquired	I (A) or	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		s		9,900	D	\$27.73	514,334	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		S		3,300	D	\$27.74	511,034	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		s		2,000	D	\$27.75	509,034	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		s		2,000	D	\$27.76	507,034	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		s		3,500	D	\$27.78	503,534	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		S		2,800	D	\$27.79	500,734	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		S		1,300	D	\$27.8	499,434	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		S		800	D	\$27.84	498,634	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		S		1,300	D	\$27.88	497,334	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/14/2007		s		100	D	\$27.89	497,234	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		1,500	D	\$27.28	495,734	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		1,500	D	\$27.34	494,234	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		3,100	D	\$27.38	491,134	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		500	D	\$27.39	490,634	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		4,900	D	\$27.4	485,734	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		900	D	\$27.41	484,834	D			
Common Shares of Beneficial Interest - \$.001 Par Value	05/15/2007		S		3,400	D	\$27.42	481,434	D			

		Tabl	e I - Non	-Deriv	vative	Se	curiti	es Acc	quired,	Dis	posed o	f, or	Ben	eficial	ly Own	ed		
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		n Disposed Of		ies Acquired (A) or Of (D) (Instr. 3, 4 and			ount of rities ficially ed Following rted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A (I)	A) or D)	Price	Trans	action(s) . 3 and 4)		(Instr. 4)
Common \$.001 Par		Beneficial Interes	t -	05/1	5/15/2007				S		700		D	\$27.4	3 4	80,734	D	
Common \$.001 Par		Seneficial Interes	t -	05/15/2007		,			S		2,000		D	\$27.4	4 4	78,734	D	
Common Shares of Beneficial Interest - \$.001 Par Value			t -	05/15/2007				S		200		D	\$27.45		78,534	D		
Common Shares of Beneficial Interest - \$.001 Par Value			t -	05/1	5/15/2007				S		2,300		D	\$27.	5 4	76,234	D	
Common Shares of Beneficial Interest - \$.001 Par Value			t -	05/1	5/15/2007				s 1,30		1,300		D	\$27.67		74,934	D	
Common Shares of Beneficial Interest - \$.001 Par Value				05/15/2007		,			S		700 D		D	\$27.6	69 474,234(1)		D	
		Та	ıble II - D								sed of, onvertib				Owned	1		
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  (Instr. 3)  3. Transaction Date Execution Date, if any (Month/Day/Year) (Month/Day/Year)  (Month/Day/Year)  4. Transactic Code (Instr. 8)				of Deri Seci Acq (A) o Disp	osed 0) tr. 3, 4	6. Date Exercis Expiration Dat (Month/Day/Ye		9	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)  Beneficial Owned Following Reported Transactio (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
		Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nur of	ount mber ares							

## Explanation of Responses:

05/15/2007 /s/ Kenneth F. Bernstein

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> This number reflects 250,748 unvested shares, 94,376 vested shares and 129,110 deferred shares (per the retirement plan) issued to Mr. Bernstein through May 15, 2007.