FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-028							

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed nursuant to Section 16(a) of the Securities Evolutine Act of 1934

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	nd Address of Villiam T.	Reporting Person*							er or Trac		Symbol $\frac{\mathbf{T}}{\mathbf{I}}$ [$\mathbf{A}\mathbf{K}\mathbf{R}$	t]					olicable)	g Person(s) to 10%	ssuer	
	ADIA REAI	(First) (Middle) REALTY TRUST RONECK AVE., SUITE 260				3. Date of Earliest Transaction (Month/Day/Year) 05/10/2010										Officer (give title below)			Other (specify below)	
(Street) WHITE PLAINS (City)	NY (St	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individue)	-7							
		Tabl	e I - No	n-Deriva	ative	Secu	uritie	s Acc	quired,	Dis	posed o	f, or	Ben	eficia	ally C) Wne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execu ay/Year) if any		Deemed ecution Date, ny onth/Day/Year)		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				id :	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount		A) or D)	Price	Trai		action(s) 3 and 4)		(111341.4)	
Common Shares of Beneficial Interest - \$.001 Par Value 05/				05/10/2)/2010				A		2,809(1	1)	A	\$18	3.32 10		5,103 ⁽²⁾	D		
		Та									sed of, onvertib				y Ow	ned				
1. Title of Derivative Security (Instr. 3) Conversion or Exercise (Instr. 3)		Date, T	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/D	n Date	e	7. Title and Amount of Securities Underlying Derivative Security (Instrand 4)		ıstr. 3		vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

1. This grant was awarded in connection with the payment of annual Trustee fees. Of these 2,809 Shares, 809 are vested, unrestricted Shares and 2,000 are restricted Shares that shall vest according to the following schedule: 667 shall vest on May 10, 2011, 667 shall vest on May 10, 2012 and 666 shall vest on May 10, 2013.

Date Exercisable Expiration Date

 $2.\ This\ number\ represents\ 5{,}333\ unvested,\ restricted\ Shares\ and\ 10{,}770\ vested\ Shares.$

Remarks:

William T. Spitz

05/11/2010

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.